

Adventure Food Pasta Bolognese



Rice dish with ham, green beans, leek and carrot in a satay sauce with mixed vegetables and spicy herbs.

Rating: Not Rated Yet

Price
7,35 €

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Manufacturer [Adventure Food](#)

Description

Rice dish with ham, green beans, leek and carrot in a satay sauce with mixed vegetables and spicy herbs.

- **Ingredients:** 50% rice, 9% **peanuts**, sugar, **wheat meal**, **whey powder**, 6% ham (pork, **wheat starch**, salt, smoke extract, acidulant (rosemary extract, citric acid), preservative (E250)), onion, carrot, leek, parsley, 4% palm oil, 3% green beans, 0.04% cayenne, salt, yeast extract, flavouring, maltodextrin, tomato, **soya**, sunflower oil, garlic, bell pepper, ginger powder, Thai ginger, lemongrass, chilli pepper, cumin, modified corn starch (modified corn starch)
- **Allergy Info:** Gluten, egg, milk. May contain traces of: peanuts, nuts.
- **Net Weight:** 148 g
- **Storage Life:** 48 months

Nutrition Value per 100g:

| | unprepared | prepared |
|----------------------|--------------------|-------------------|
| Energy | 405 kcal (1694 kJ) | 129 kcal (536 kJ) |
| Carbohydrates | 64.5 g | 20.4 g |
| - of which sugar | 13.6 g | 4.3 g |
| Protein | 12.0 g | 3.8 g |
| Fat | 10.5 g | 3.3 g |
| - of which saturated | 4.1 g | 1.3 g |
| Salt | 2.2 g | 0.7 g |