

Adventure Food Cashew Nasi



Vegetarian rice dish with lentils, cashew nuts, green beans, leek and carrot in a satay sauce with mixed vegetables and spicy herbs.

Rating: Not Rated Yet

Price
6,95 €

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Manufacturer [Adventure Food](#)

Description

Vegetarian rice dish with lentils, cashew nuts, green beans, leek and carrot in a satay sauce with mixed vegetables and spicy herbs.

- **Ingredients:** 42% rice, 8% **peanuts**, sugar, **wheat meal**, **whey powder**, 11% **cashew nuts**, 8% lentils, onion, carrot, leek, parsley, palm oil, 2% green beans, 0.04% cayenne, salt, yeast extract, flavouring, maltodextrin, tomato, **soya**, sunflower oil, garlic, bell pepper, ginger powder, Thai ginger, lemongrass, chilli pepper, cumin, modified corn starch (modified corn starch)
- **Allergy Info:** Gluten, peanuts, soya, milk, nuts.
- **Net Weight:** 142 g
- **Storage Life:** 48 months

Nutrition Value per 100g:

	unprepared (422 kcal) 1768 kJ	prepared (141 kcal) 588 kJ
Energie		
Carbohydrates	61,2 g	20,4 g
- of which sugar	12,8 g	4,3 g
Protein	12,6 g	4,2 g
Fatt	13,5 g	4,5 g
- of which saturated	4,2 g	1,4 g
Salt	1,4 g	0,5 g