

Real Turmat Beef and Potato Stew



Traditional Norwegian dish. Beef, carrot, rutabaga and potato.

Rating: Not Rated Yet

Price

13,09 €

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Manufacturer [Drytech](#)

Description

Traditional Norwegian dish. Beef, carrot, rutabaga and potato.

- **Ingredients:** Potato (47%), beef (beef (84%), potato starch, stabilizer (E450, E451), salt, antioxidant (rosemary flavouring)) (14%), swede, rapeseed oil, carrot (8,1%), onion, corn starch, meat bouillon, seasoning, antioxidant (ascorbic acid).
- **Allergens:** None.
- **Weight**
 - Net: 108 g
 - Gross: 125 g
 - Prepared: 500 g
- **Shelf life**
 - The product has 5 years' shelf life from the manufacturing date. Store at room temperature. An opened bag should be treated as a fresh

product. Please eat the meal within 2 hours of adding water.

Nutrients per 100g:

| | |
|--------------------------|--------------------|
| Energy | (514 kcal) 2160 kJ |
| Carbohydrates | 41 g |
| - of which sugars | 6 g |
| Protein | 13 g |
| Fat | 32 g |
| - of which saturated fat | 4 g |
| Salz | 3 g |