

Expedition Foods Porridge with Blueberries



Creamy porridge oats with succulent blueberries

Rating: Not Rated Yet

Price

8,95 €

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Manufacturer [Expedition Foods](#)

Description

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- **Ingredients:** Whole Milk Powder, Oats (38.7%), Sugar, Freeze Dried Diced Mango (4.8%)
- **Allergene:** Gluten, Laktose
- **Net Weight:** 105g

Average nutritional values per 100 dried product:

Energy	(452 kcal) 1888 kJ
Carbohydrates	66,6 g
- of which sugars	28,7 g
Protein	7,9 g

Dessert: Expedition Foods Porridge with Blueberries

Fat	19,7 g
- of which saturated	11,7 g
Salt	0,2 g