

## Adventure Food Curry Fruit Rice



Vegetarian rice dish with raisins, pineapple cubes, green beans, bell pepper and sunflower seeds in a spicy curry cream sauce.

Rating: Not Rated Yet

**Price**  
6,35 €

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Manufacturer [Adventure Food](#)

### Description

Vegetarian rice dish with raisins, pineapple cubes, green beans, bell pepper and sunflower seeds in a spicy curry cream sauce.

- **Ingredients:** 57% rice, **milk powder**, coconut oil, 6% pineapple sweetened (pineapple, sugar, preservative (E220), acidulant (citric acid)), 6% raisins, 6% sunflower oil, potato starch, palm oil, 4% green beans, broth (**soy protein**, salt, glucose syrup, sunflower oil), 3% sunflower seeds, 3% bell pepper, curry (turmeric, coriander, pepper, cumin, fenugreek, cayenne, lovage, **celery**, dill), cayenne
- **Allergy Info:** Soya, milk, celery. May contain traces of: peanuts, nuts.
- **Net Weight:** 145 g
- **Storage Life:** 48 months

### Nutrition Value per 100g:

	<b>unprepared</b> (411 kcal) 1722 kJ	<b>prepared</b> (116 kcal) 485 kJ
Energy		
Carbohydrates	68,9 g	19,4 g
- of which sugar	11,4 g	3,2 g
Protein	8,8 g	3,3 g
Fatt	10,6 g	3,0 g
- of which saturated	6,6 g	1,9 g
Salt	2,2 g	0,6 g