

## Vegetable Jambalaya



Vegan ricemeal

Rating: Not Rated Yet

**Price**  
9,50 €

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Manufacturer [Trek'n Eat](#)

### Description

Vegetable Jambalaya is based on long-grain rice and is particular at home in Cajun and Creole cuisine. Of course, New Orleans, in the U.S. state of Louisiana, is actually the culinary capital of Jambalaya, but now outdoor enthusiasts can prepare this unique taste experience anywhere in the world. The traditionally vibrant spice combination awakens all of the senses in outdoor life. Simply pour boiling water into the pouch to the fill line, stir well, and after two minutes you're ready to be transported directly to the Big Easy via your taste buds. All ingredients are of course purely plant based, gluten free and low fat.

Net weight: 180g. After added water: 670g  
vegan, lactose free, gluten free

<b>Nutrition facts</b>	<b>per 100g</b>	<b>per meal</b>
kJ/kcal	1454/348	2617,2/626,4
Protein	9,9g	17,82g
Fat	4,4g	7,92g
-of which saturated fatty acids	2,6g	4,68g

## Vegetarian Main Dishes: Vegetable Jambalaya

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Carbohydrates	66g	118,8g
-of which sugar	13g	23,4g
Fibre	6,3g	11,34g
Salt	4,6g	8,28g